

Diaper bag checklist

- Diapers
- Wipes
- Hand sanitizer
- Changing pad
- Plastic bags
- Bottle(s) of formula or breast milk if you're bottle-feeding
- Snacks (for older babies and toddlers)
- Sippy cup of milk, water, or juice (for toddlers)
- Blanket
- Extra clothes for your child
- Pacifier (if your child uses one) or other comfort item
- Sunscreen or a hat to protect your child from the sun
- Emergency information
- Diaper rash cream
- Tissues
- Nail clippers
- Camera
- Nursing cover
- Breast pads for nursing moms
- Sling or wrap for carrying your baby
- Toys, board books, and crayons and coloring pages or paper
- First-aid kit
- Wallet
- Keys
- Cell phone
- Sunglasses
- Pen and paper
- Snacks, mints, or gum
- Bottle of water or other drink
- Book or magazine
- New shirt in case of spit-up or a spill

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